

NOVEL DRUGS

Fibrosing Interstitial Lung Diseases
CPFS/WASOG/AIPO/ERS Conference
Prague, 19-21 June 2014

Luca Richeldi MD PhD

Professor of Respiratory Medicine
Chair of Interstitial Lung Disease
Honorary Consultant Physician

DISCLOSURES

Scientific Advisory Board

InterMune, Boehringer Ingelheim, Fibrogen, GlaxoSmithKline, Sanofi-Aventis, Anthera, Genentech, Medimmune, Takeda, UCB

Research Grants

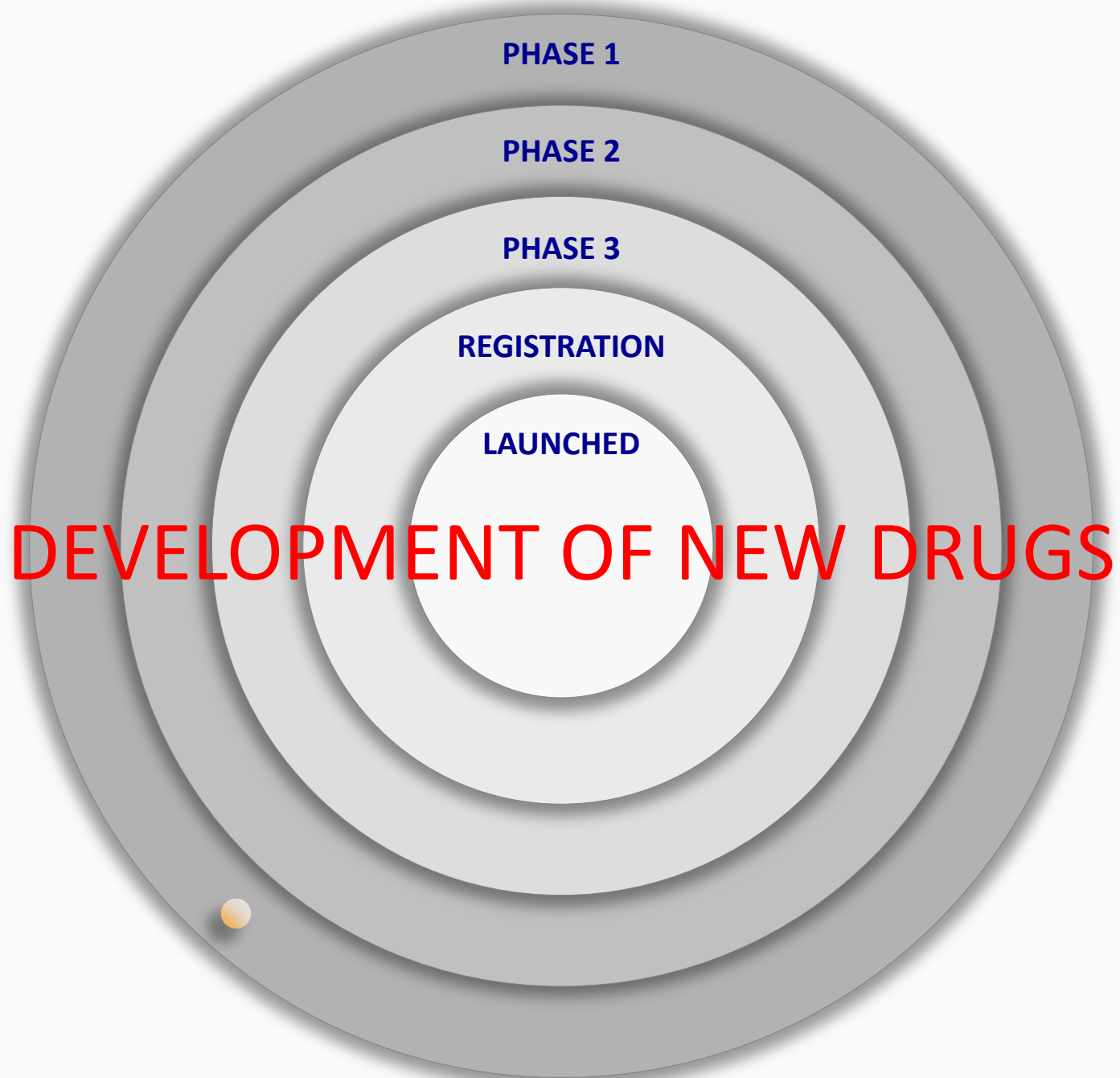
InterMune, Italian Ministry of Health, National Drug Agency (It), National Research Council (It)

Trial Principal Investigator

Boehringer Ingelheim, InterMune, Gilead, Roche, Takeda

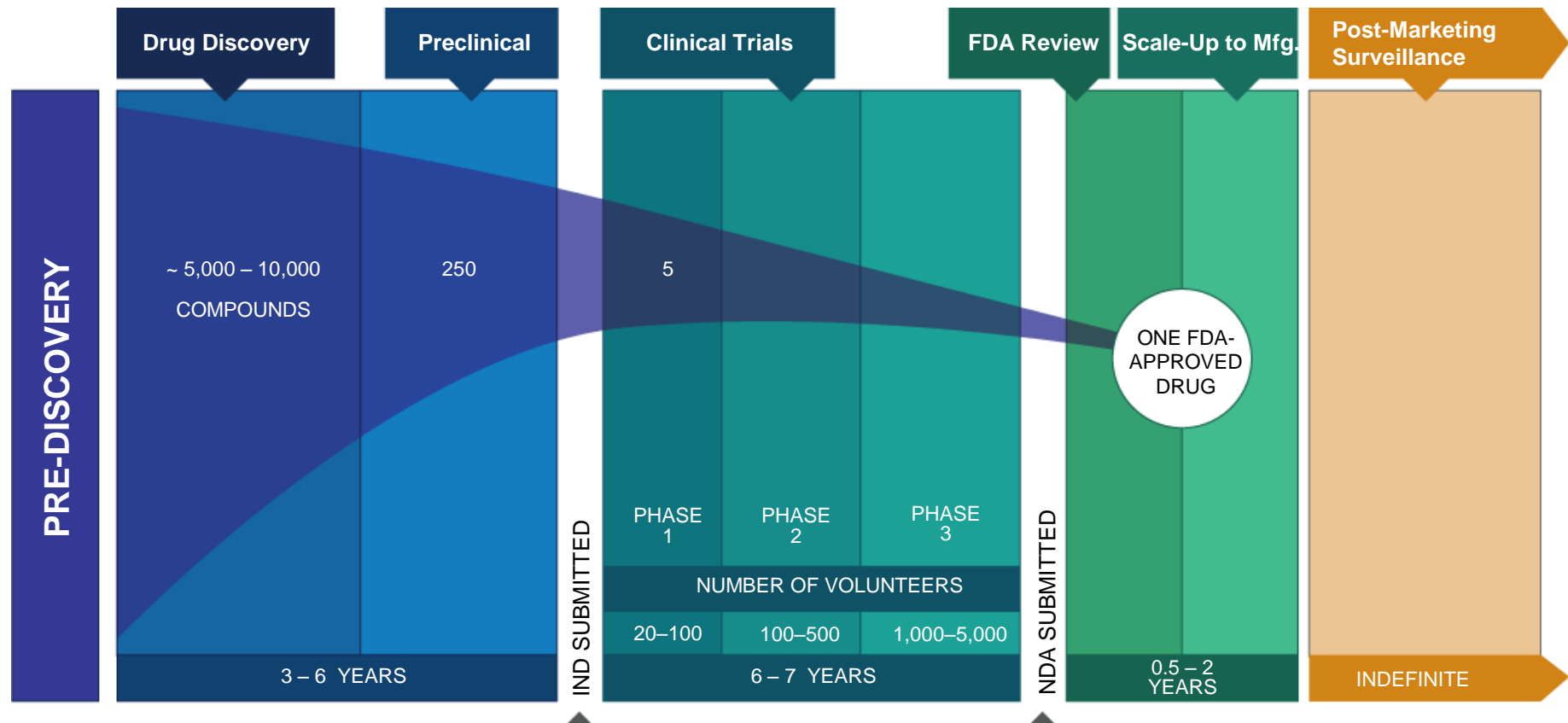
Speaker's Fees

InterMune, Boehringer Ingelheim, Cipla



Drug Development Takes Longer Than It Did in the Past

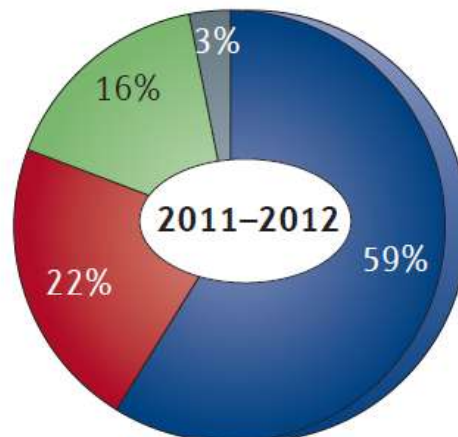
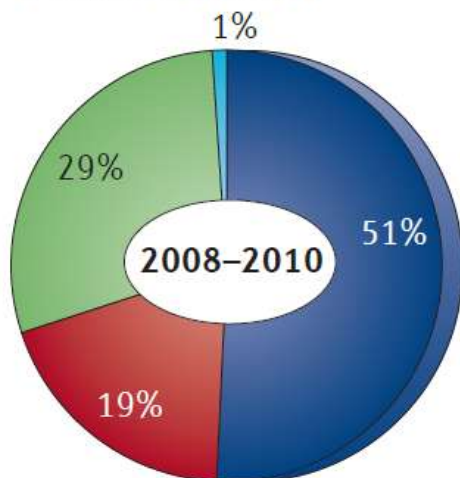
Developing a new medicine takes an average of 10–15 years; the Congressional Budget Office reports that “relatively few drugs survive the clinical trial process”



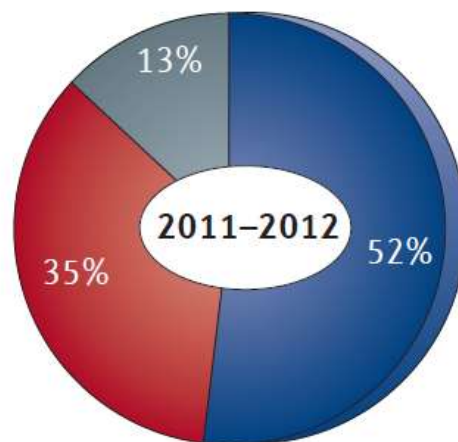
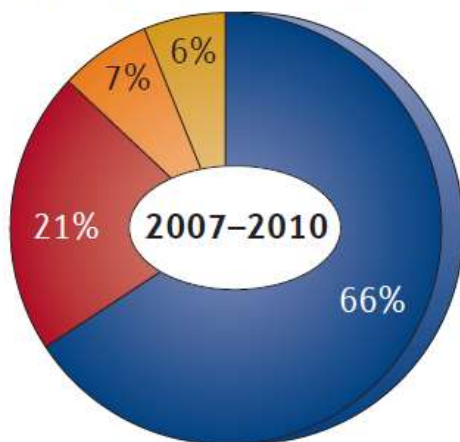
Sources: Drug Discovery and Development: Understanding the R&D Process, www.innovation.org; CBO, *Research and Development in the Pharmaceutical Industry*, 2006.

REASONS FOR FAILURES IN PHASE II AND PHASE III TRIALS

Phase II failures



Phase III and submission failures



STATE OF THE ART REVIEW

FIBROSIS

Therapy for Fibrotic Diseases: Nearing the Starting Line

Scott L. Friedman,^{1*} Dean Sheppard,² Jeremy S. Duffield,³ Shelia Violette⁴

Obstacles

- Initial insult unclear, with delayed disease appearance
- Slow progression of disease
- Lack of validated biomarkers
- Noisy and insensitive clinical endpoints

Consequences

- Cause of disease obscure
- Long duration clinical trials required
- Clinical endpoints must be used in trials
- Large numbers of patients needed in trials

Trials are long, large and expensive

Phase 1
\$3 - 20M

Phase 2
\$25 - 250M

Phase 3
\$75 - 600M

PHASE 1

PHASE 2

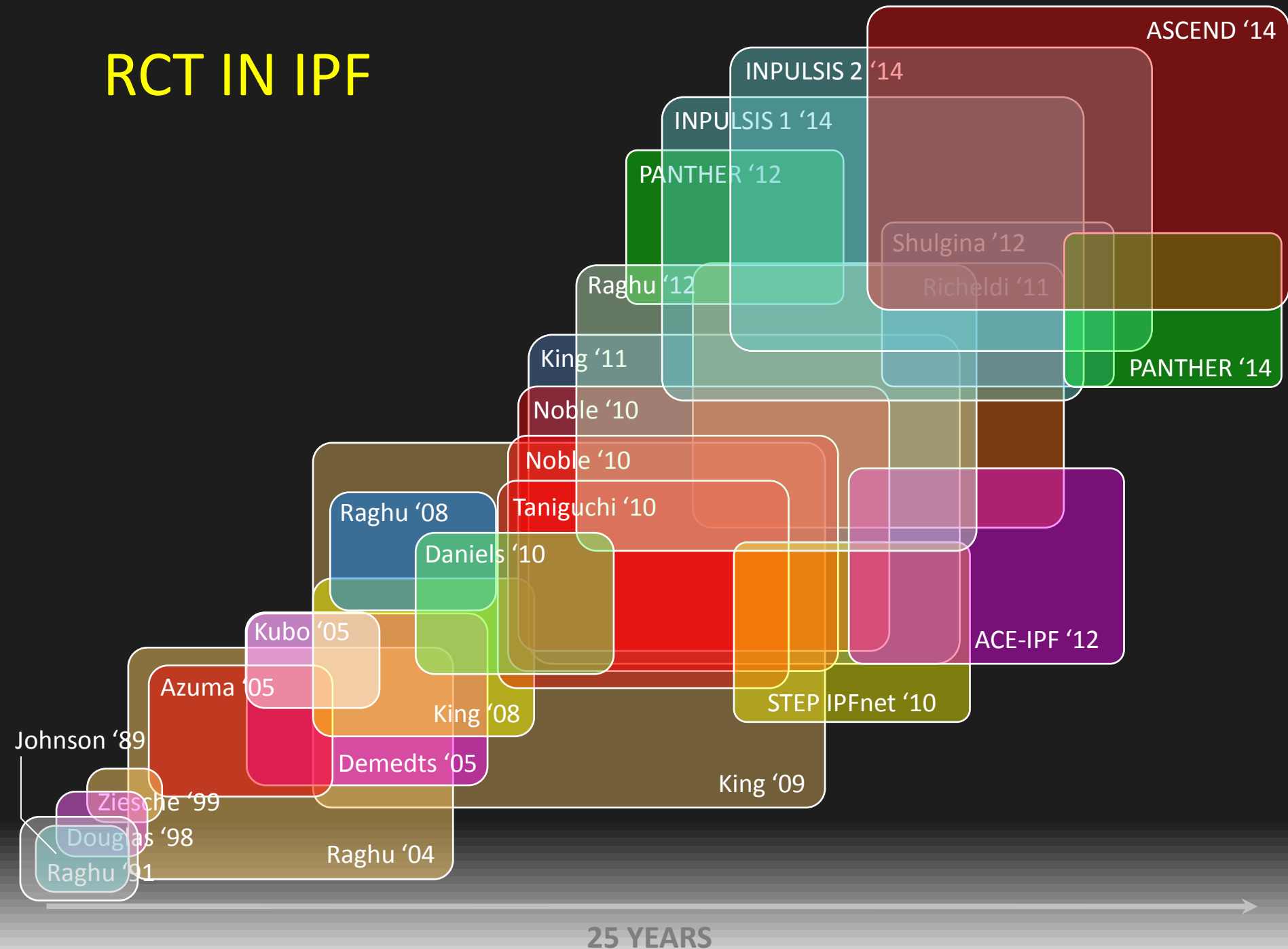
PHASE 3

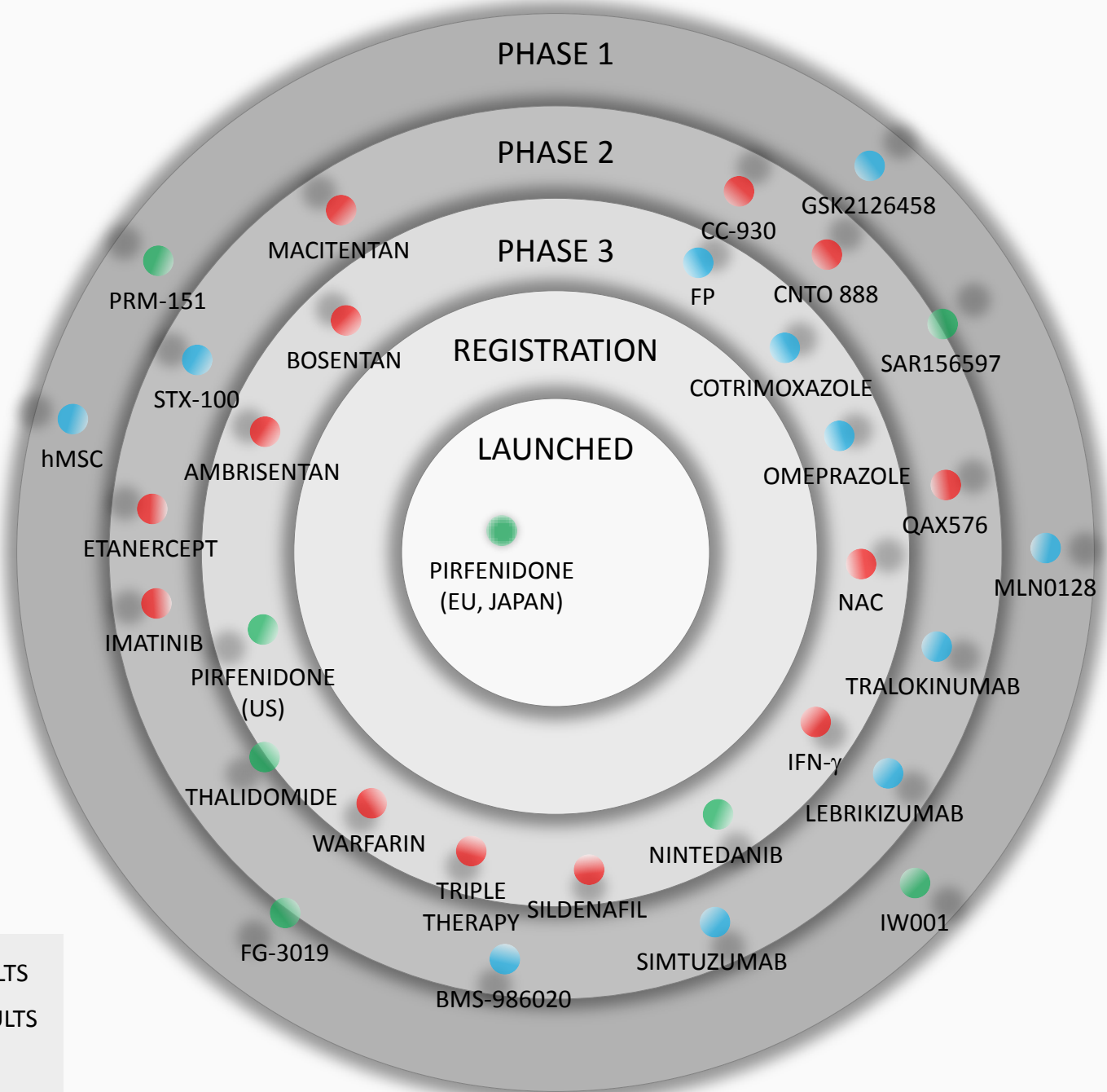
REGISTRATION

LAUNCHED

WHERE ARE WE WITH IPF?

RCT IN IPF





EDITORIALS



A New Hope for Idiopathic Pulmonary Fibrosis

Gary M. Hunninghake, M.D., M.P.H.

“It is now clear that idiopathic pulmonary fibrosis is a disease perpetuated by aberrant wound healing, rather than primarily by chronic inflammation. With new understanding comes new hope. As in the 1977 episode of the Star Wars series, the force is finally with us. May we learn to use it wisely.”

ORIGINAL ARTICLE

**A Phase 3 Trial of Pirfenidone in Patients
with Idiopathic Pulmonary Fibrosis**

with Idiopathic Pulmonary Fibrosis

Talmadge E. King, Jr., M.D., Williamson Z. Bradford, M.D., Ph.D.,
Socorro Castro-Bernardini, M.D., Elizabeth A. Fagan, M.D.,
Ian Glaspole, M.B., B.S., Ph.D., Marilyn K. Glassberg, M.D., Eduard Gorina, M.D.,
Peter M. Hopkins, M.D., David Kardatzke, Ph.D., Lisa Lancaster, M.D.,
David J. Lederer, M.D., Steven D. Nathan, M.D., Carlos A. Pereira, M.D.,
Steven A. Sahn, M.D., Robert Sussman, M.D., Jeffrey J. Swigris, D.O.,
and Paul W. Noble, M.D., for the ASCEND Study Group

ABSTRACT

BACKGROUND

BACKGROUND In two of three phase 3 trials, pirfenidone, an oral antifibrotic therapy, reduced disease progression, as measured by the decline in forced vital capacity (FVC) or vital capacity, in patients with idiopathic pulmonary fibrosis; in the third trial, this end point was not achieved. We sought to confirm the beneficial effect of pirfenidone on disease progression in such patients.

METHODS

METHODS In this phase 3 study, we randomly assigned 555 patients with idiopathic pulmonary fibrosis to receive either oral pirfenidone (2400 mg per day) or placebo for 52 weeks. The primary end point was the change in FVC or death at week 52. Secondary end points were the 6-minute walk distance, progression-free survival, dyspnea, and death from any cause or from idiopathic pulmonary fibrosis.

RESULTS

RESULTS

In the pirfenidone group, as compared with the placebo group, there was a relative reduction of 42.9% in the proportion of patients who had an absolute decline of 10 percentage points or more in the percentage of the predicted FVC or who died; there was also a relative increase of 132.5% in the proportion of patients with no decline in FVC ($P<0.001$). Pirfenidone reduced the decline in the 6-minute walk distance ($P=0.04$) and improved progression-free survival ($P=0.016$) or in rates of death ($P=0.04$) and difference in dyspnea scores ($P=0.23$). However, significant between-group difference in idiopathic pulmonary fibrosis ($P=0.23$), however, from any cause ($P=0.10$) or from idiopathic pulmonary fibrosis was not significant for death in a prespecified pooled analysis incorporating results from two previous phase 3 trials, the between-group difference favoring pirfenidone was significant for death from any cause ($P=0.04$) and from idiopathic pulmonary fibrosis ($P=0.006$). Gastrointestinal and skin-related adverse events were more common in the pirfenidone group than in the placebo group but rarely led to treatment discontinuation.

CONCLUSIONS

CONCLUSIONS
Pirfenidone, as compared with placebo, reduced disease progression, as reflected by lung function, exercise tolerance, and progression-free survival, in patients with idiopathic pulmonary fibrosis. Treatment was associated with an acceptable effect profile and fewer deaths. (Funded by InterMune; ASCEND Clinical Trial number, NCT01366209.)

[illegible]

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MAY 29, 2014

VOL. 576 NO. 22

Efficacy and Safety of Nintedanib in Idiopathic Pulmonary Fibrosis

Pulmonary Fibrosis

Luca Richiardi, M.D., Ph.D., Roland M. du Bois, M.D., Ganesh Raghu, M.D., Atsuta Azuma, M.D., Ph.D., Kevin K. Brown, M.D., Ulrich Costabel, M.D., Vincent Cottin, M.D., Ph.D., Kevin R. Flaherty, M.D., David M. Hansell, M.D., Yoshikazu Inoue, M.D., Ph.D., Dong-Soon Kim, M.D., Martin Kolb, M.D., Ph.D., Andrew G. Nicholson, D.M., Paul W. Noble, M.D., Moises Selman, M.D., Hiroyuki Taniguchi, M.D., Ph.D., Michele Brunt, M.Sc., Florence Le Mouél, M.Sc., Marnie Girard, M.Sc., Susanne Swarzewski, M.D., Rozsa Schlenker-Herzog, M.D., Bernd Disse, M.D., Ph.D., and Harold R. Colford, M.D., for the INPULSIS Trial Investigators*

ABSTRACT

La Catedral

ABSTRACT

Nintedanib (formerly known as BMS-912290) is an intracellular inhibitor that targets multiple tyrosine kinases. A phase 2 trial suggested that treatment with 150 mg of nintedanib twice daily reduced lung-function decline and acute exacerbations in patients with idiopathic pulmonary fibrosis.

METHODS

We conducted two studies:

METHOD

We conducted two replicate 53-week, randomised, double-blind, phase 3 trials (INPULSIS-1 and INPULSIS-2) to evaluate the efficacy and safety of 150 mg of nintedanib twice daily as compared with placebo in patients with idiopathic pulmonary fibrosis. The primary end point was the annual rate of decline in forced vital capacity (FVC). Key secondary end points were the time to the first acute exacerbation and the change from baseline in the total score on the St. George's Respiratory Questionnaire, both assessed over a 53-week period.

00150178

A total of 2666 patients were randomly assigned in a 3:2 ratio to receive nintedanib or placebo. The adjusted annual rate of change in FVC was -114.7 ml with nintedanib versus -239.9 ml with placebo (difference, 125.3 ml; 95% confidence interval [CI], 77.7 to 172.9; $P<0.001$) in INPULSIS-1 and -113.6 ml with nintedanib versus -207.3 ml with placebo (difference, 93.7 ml; 95% CI, 44.8 to 142.7; $P<0.001$) in INPULSIS-2. In INPULSIS-1, there was no significant difference between the nintedanib and placebo groups in the time to the first acute exacerbation (hazard ratio with nintedanib, 1.15; 95% CI, 0.54 to 2.42; $P=0.67$); in INPULSIS-2, there was a significant benefit with nintedanib versus placebo (hazard ratio, 0.38; 95% CI, 0.19 to 0.77; $P=0.005$). The most frequent adverse events in the nintedanib groups was diarrhea, with rates of 61.9% and 18.0% in the nintedanib and placebo groups, respectively, with rates of 61.9% and 63.2% and 18.3% in the two groups, respectively, in INPULSIS-2.

CONCLUSIONS

In patients with idiopathic pulmonary fibrosis, treatment with nintedanib significantly improved FVC, which is considered the most important clinical outcome in this population.

CONCLUSIONS

in patients with idiopathic pulmonary fibrosis, nintedanib reduced the decline in FVC, which is consistent with a slowing of disease progression; nintedanib was frequently associated with diarrhea, which led to discontinuation of the study medication in less than 5% of patients. (Funded by Boehringer Ingelheim; DIPULSIS-1 and DIPULSIS-2 ClinicalTrials.gov numbers, NCT01354644 and NCT01354673.)

The authors' affiliations are listed in the Appendix. Address reprint requests to Dr. Nichol at the National Institute for Health Research, Southampton Respiratory Biomedical Research Unit, Mailpoint 813, 1275 E Level, South Academic Block, University Hospital Southampton NHS Foundation Trust, Tremona Rd, Southampton SO16 6YD, United Kingdom, or at nichol@psim.ac.uk.

A complete list of investigators in the INPULSIS trials is provided in the Supplementary Appendix, available at www.njcm.org.

This article was published on May 18, 2014
at ncjrm.org.

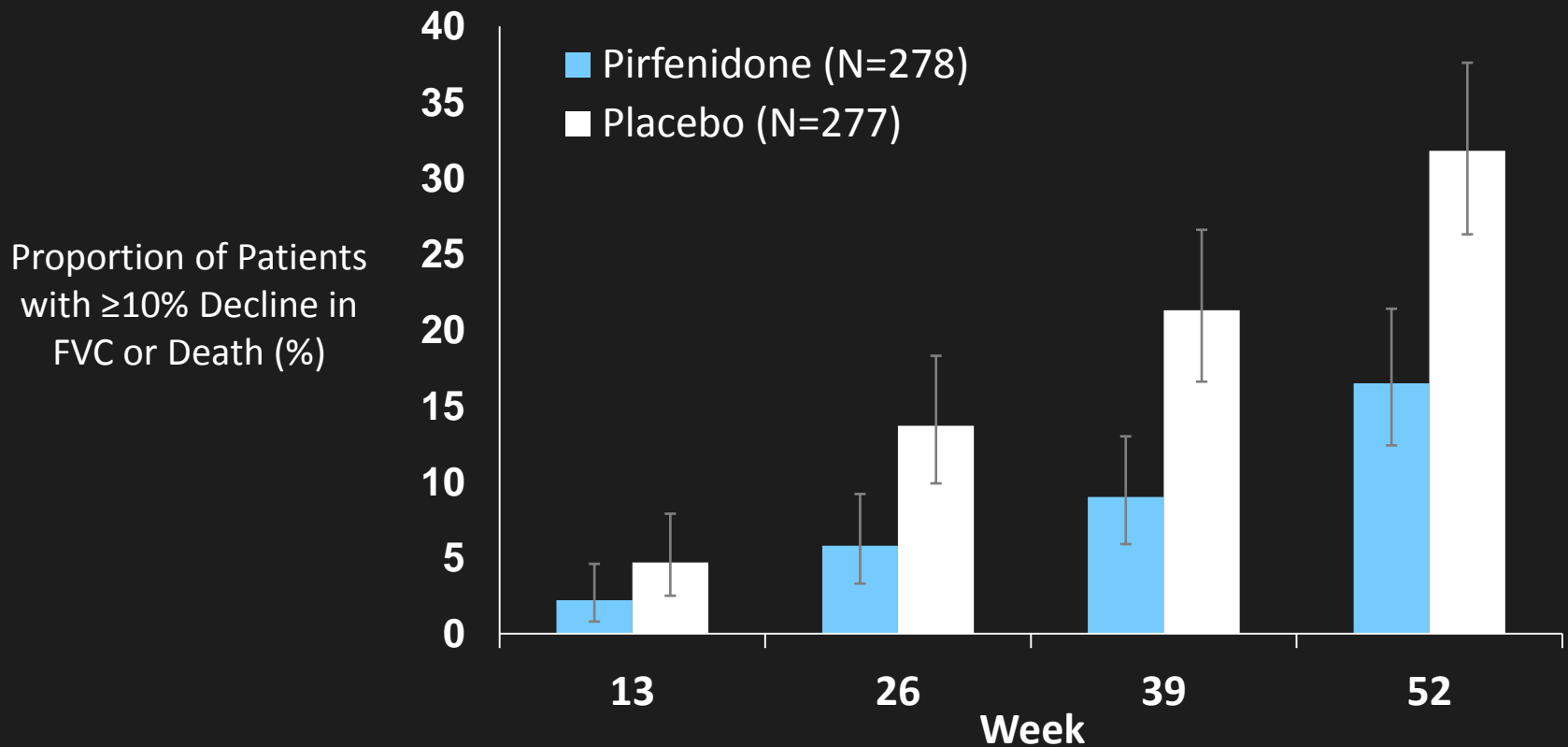
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ORIGINAL ARTICLE

A Phase 3 Trial of Pirfenidone in Patients with Idiopathic Pulmonary Fibrosis

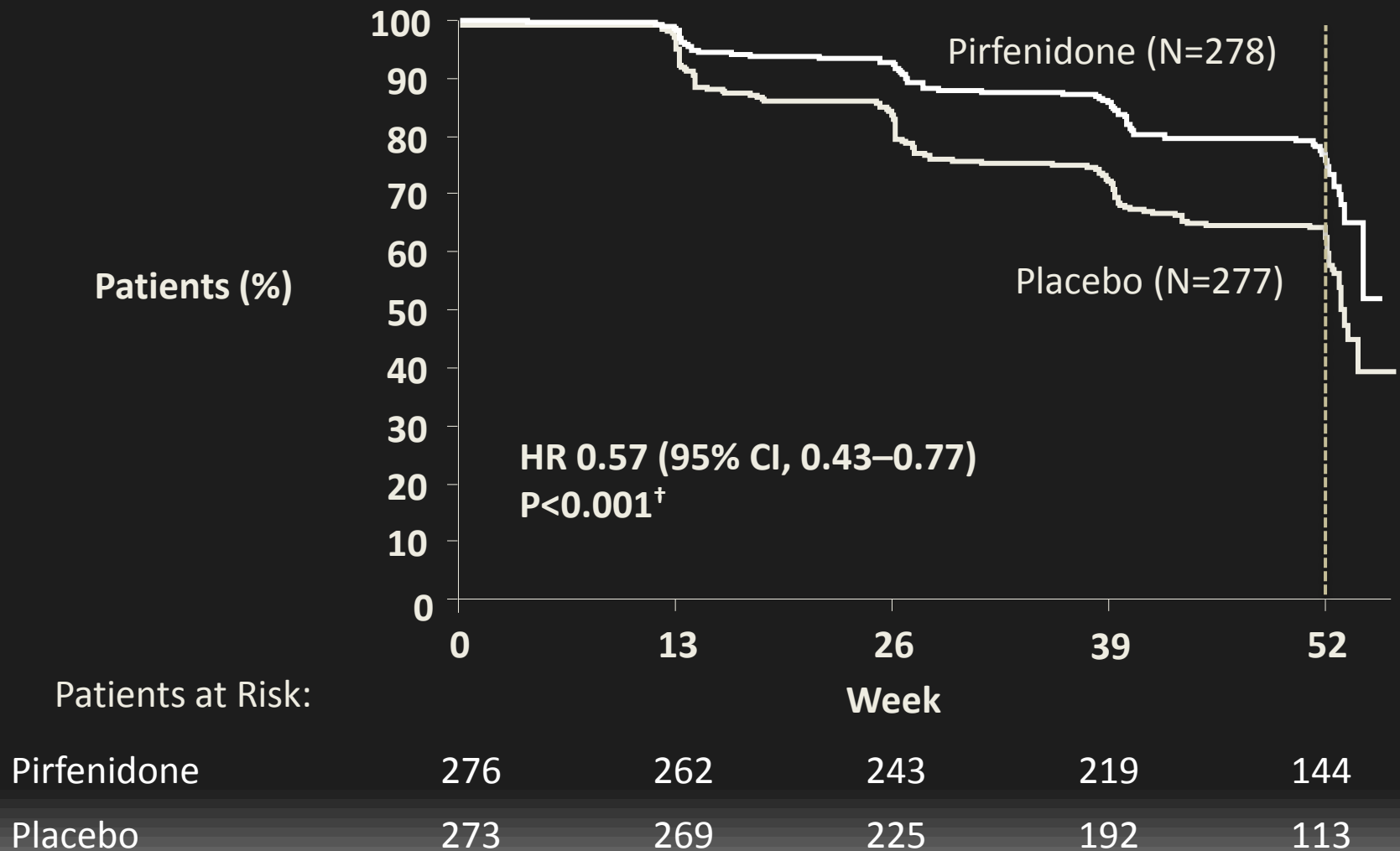
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Steven A. Sahn, M.D., Robert Sussman, M.D., Jeffrey J. Swigris, D.O.,
and Paul W. Noble, M.D., for the ASCEND Study Group*

Primary Efficacy Analysis: Treatment with pirfenidone resulted in a significant between-group difference in the rank ANCOVA



Absolute Difference	2.5%	7.9%	12.3%	15.3%
Relative Difference	54.0%	58.0%	57.8%	47.9%
Rank ANCOVA p-value	<0.000001	<0.000001	0.000002	<0.000001

Progression-free Survival*: Pirfenidone reduced the risk of disease progression or death by 43%



*Time to death or disease progression (confirmed $\geq 10\%$ decline in FVC or confirmed ≥ 50 m decline in 6MWD)

Log-rank test

NEJM 2014; 370: 2083-92

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ESTABLISHED IN 1812

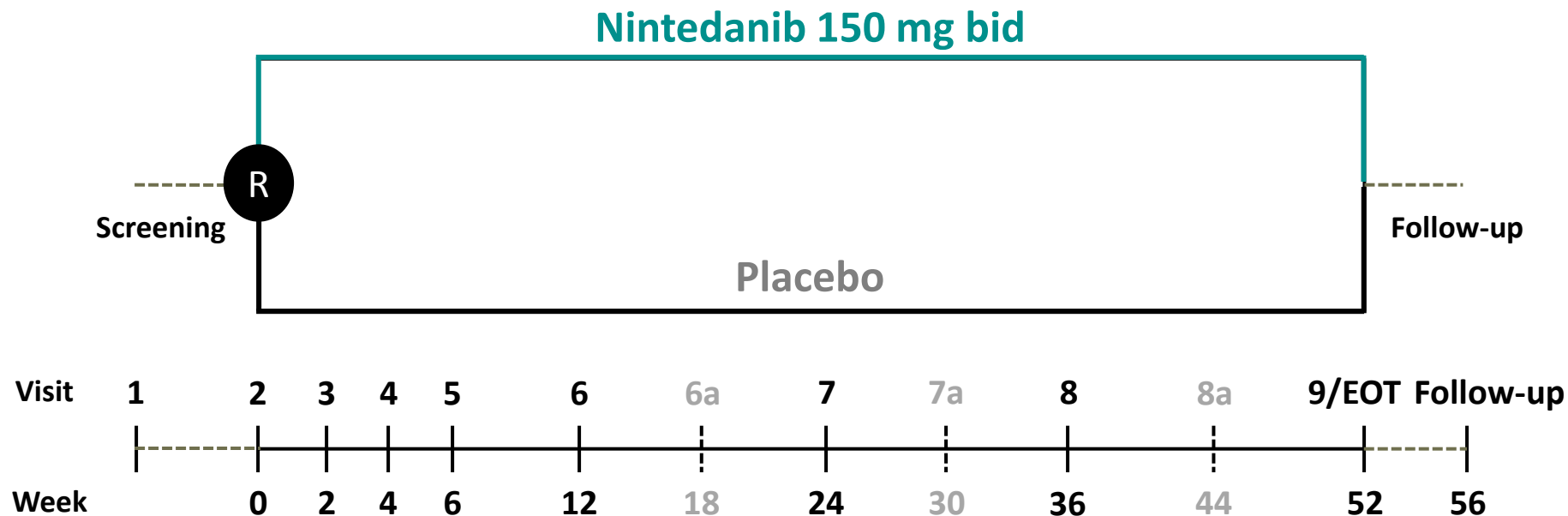
MAY 29, 2014

VOL. 370 NO. 22

Efficacy and Safety of Nintedanib in Idiopathic Pulmonary Fibrosis

Luca Richeldi, M.D., Ph.D., Roland M. du Bois, M.D., Ganesh Raghu, M.D., Arata Azuma, M.D., Ph.D.,
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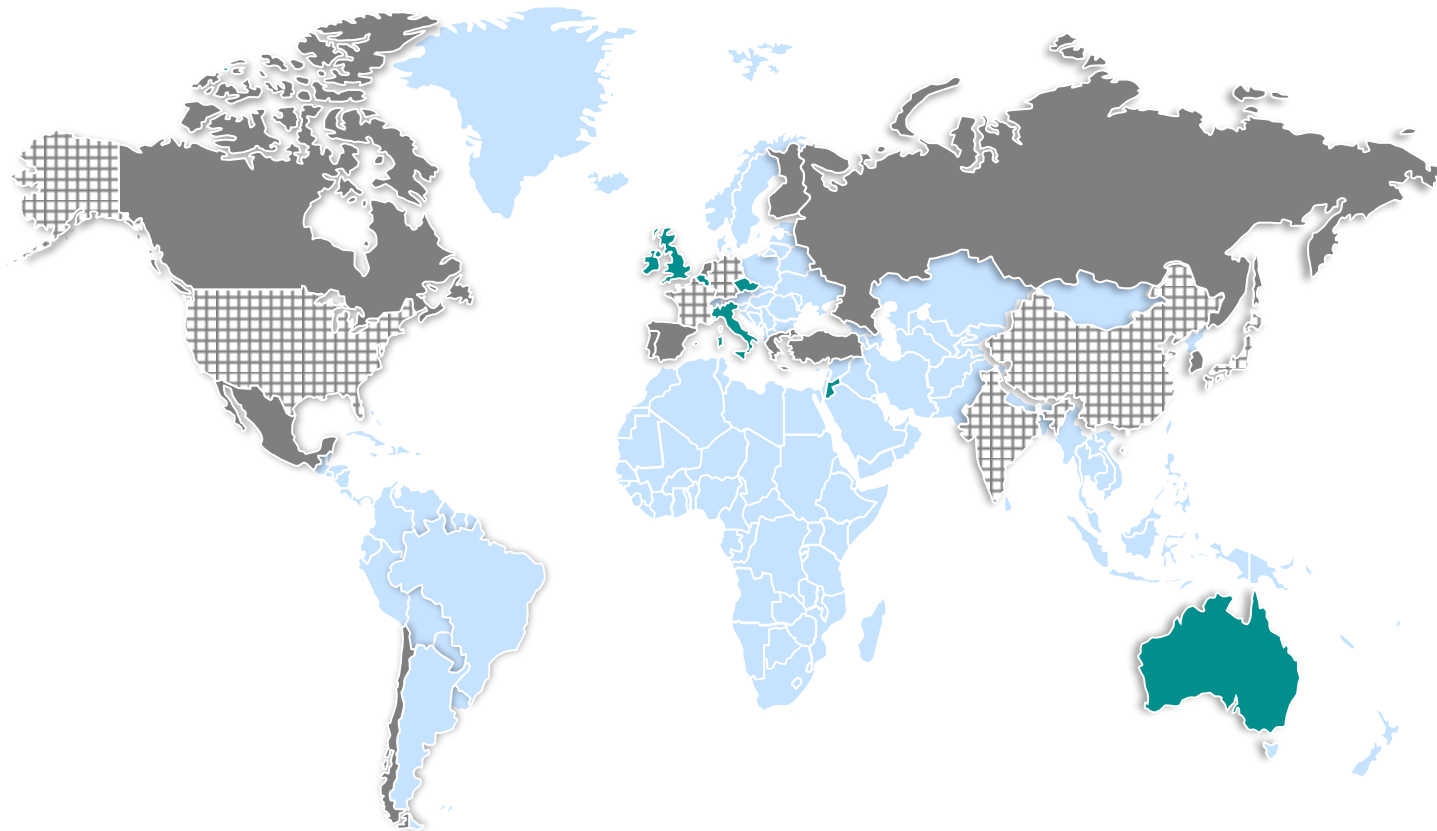
STUDY DESIGN



- 3:2 randomization ratio for nintedanib : placebo
- Dose interruption and/or dose reduction to 100 mg bid allowed to manage adverse events
- Patients who prematurely discontinued trial drug were asked to attend all visits as planned

Visits 6a, 7a and 8a were for blood sampling for laboratory tests only

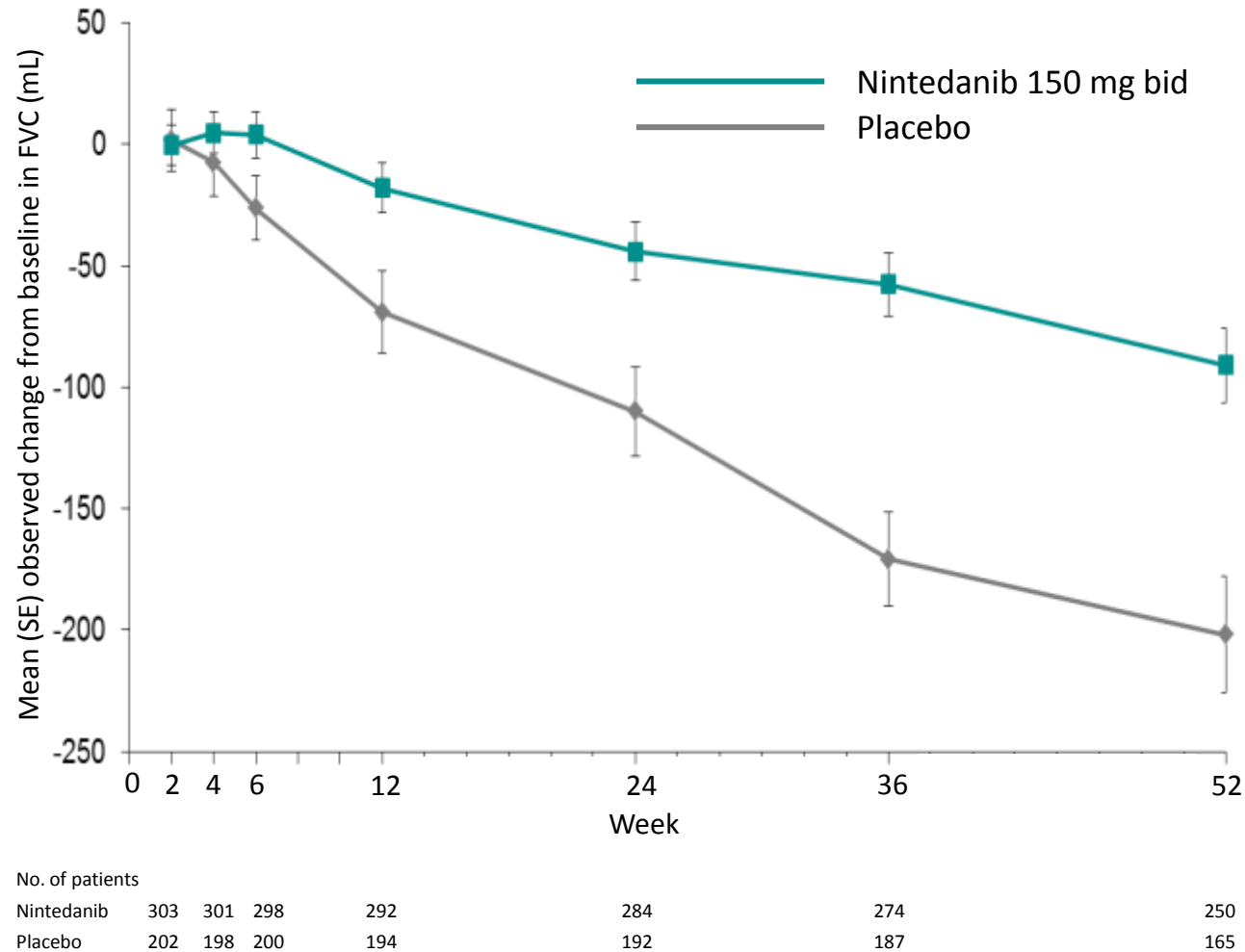
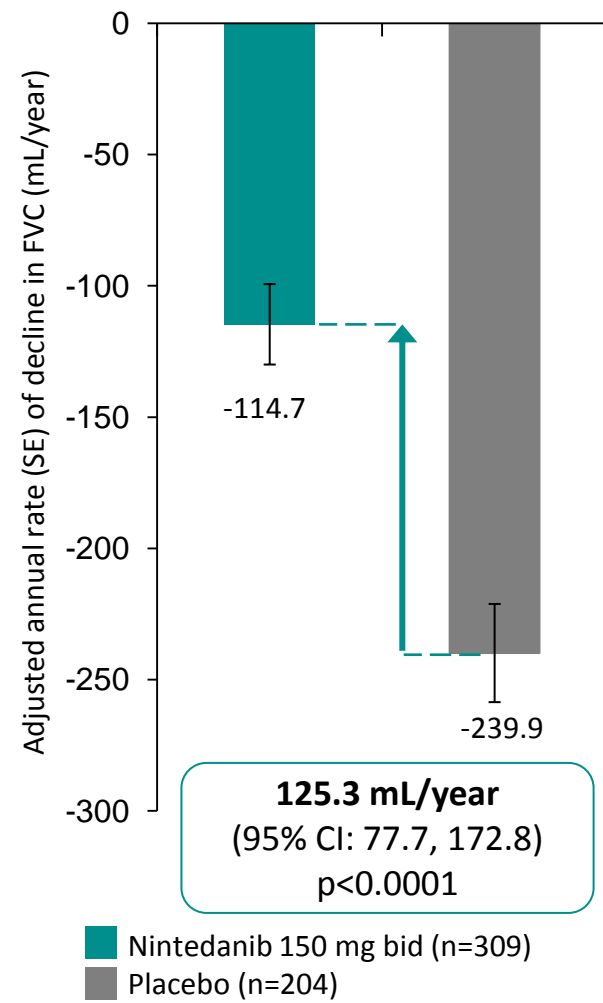
PARTICIPATING COUNTRIES



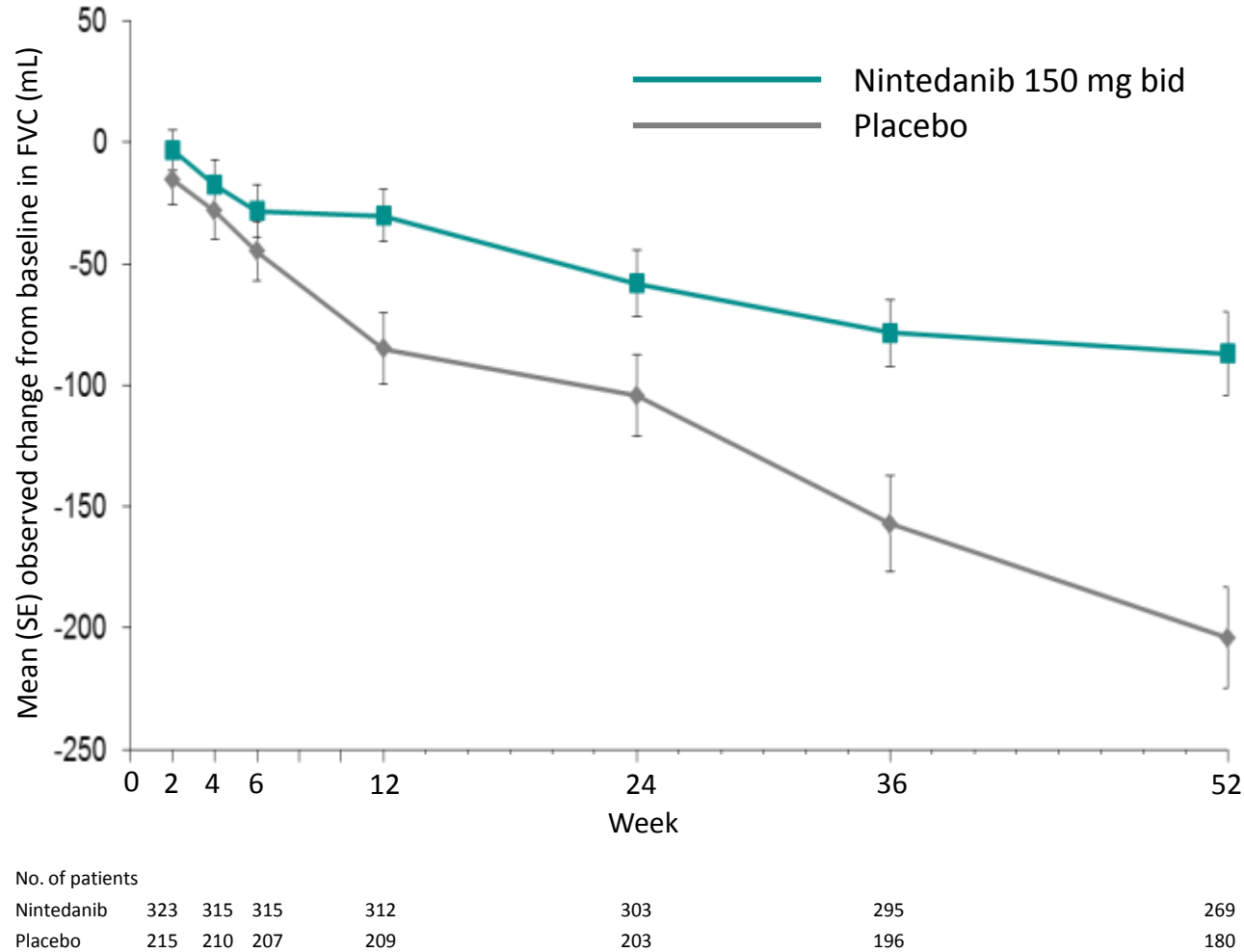
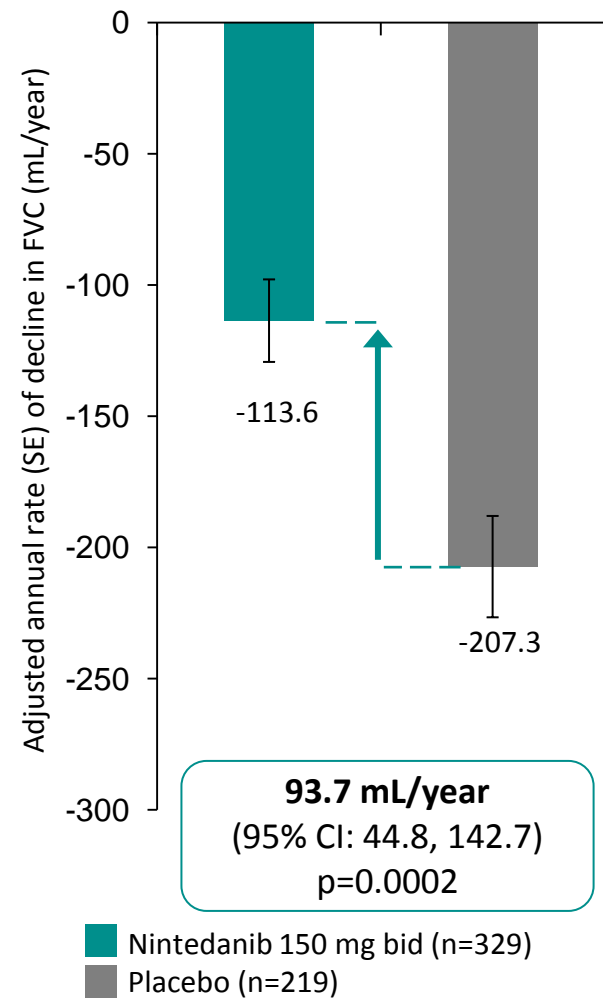
The INPULSIS trials were performed at 205 sites in 24 countries

 **INPULSIS-1**  **INPULSIS-2**  **INPULSIS-1 and -2**

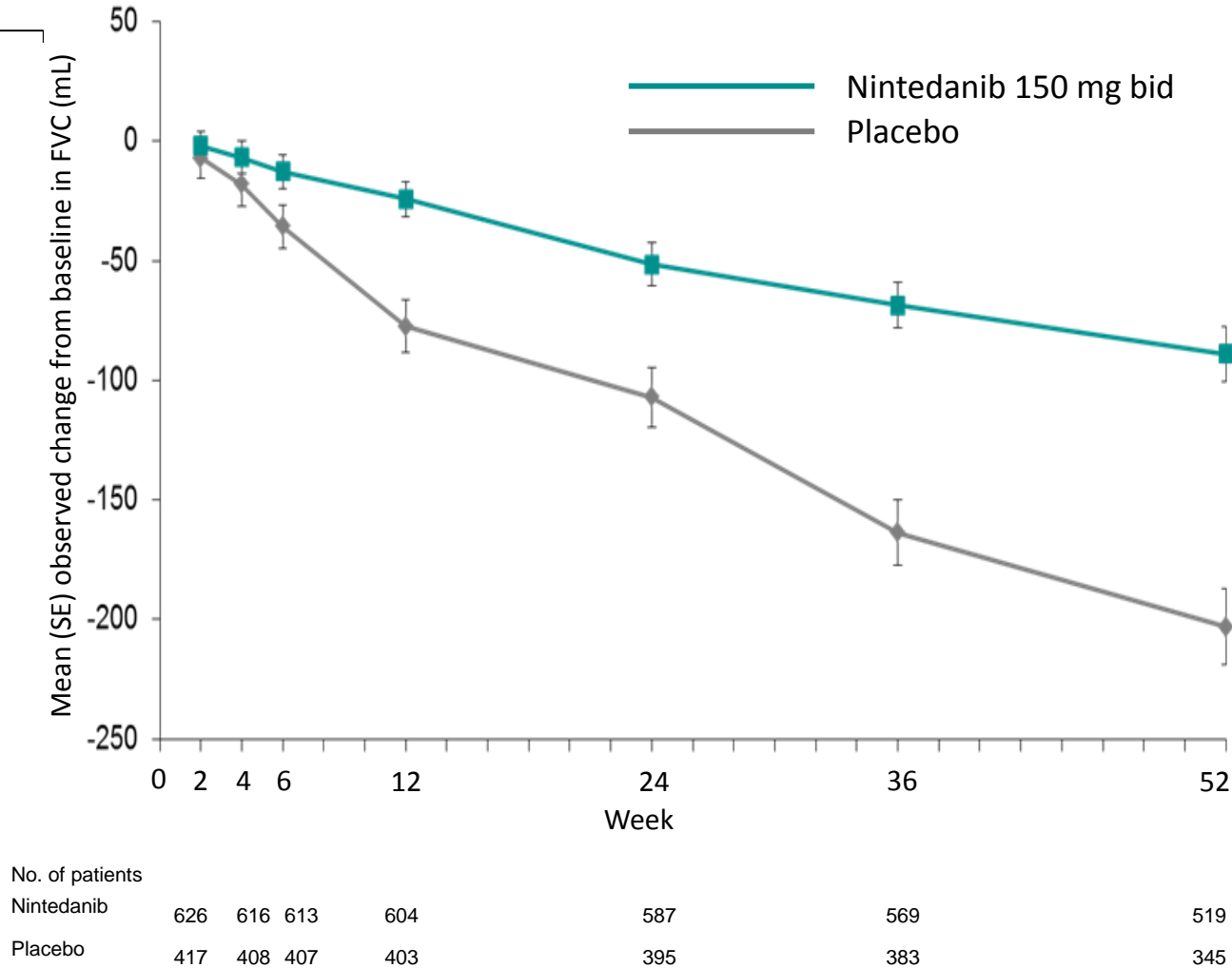
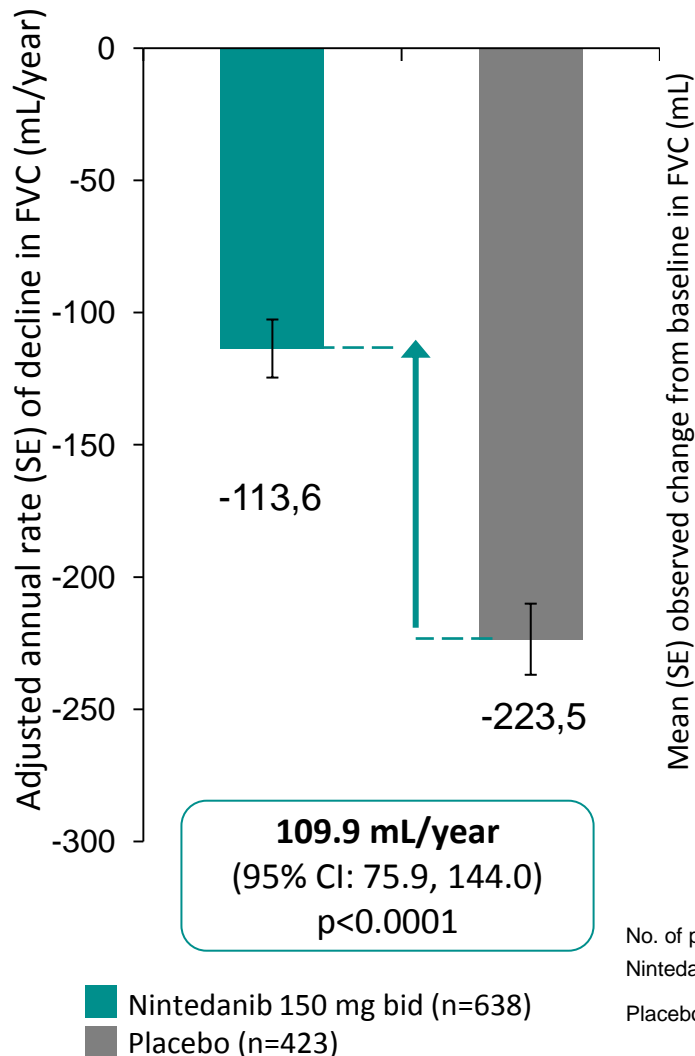
PRIMARY EFFICACY ENDPOINT IN INPULSIS-1



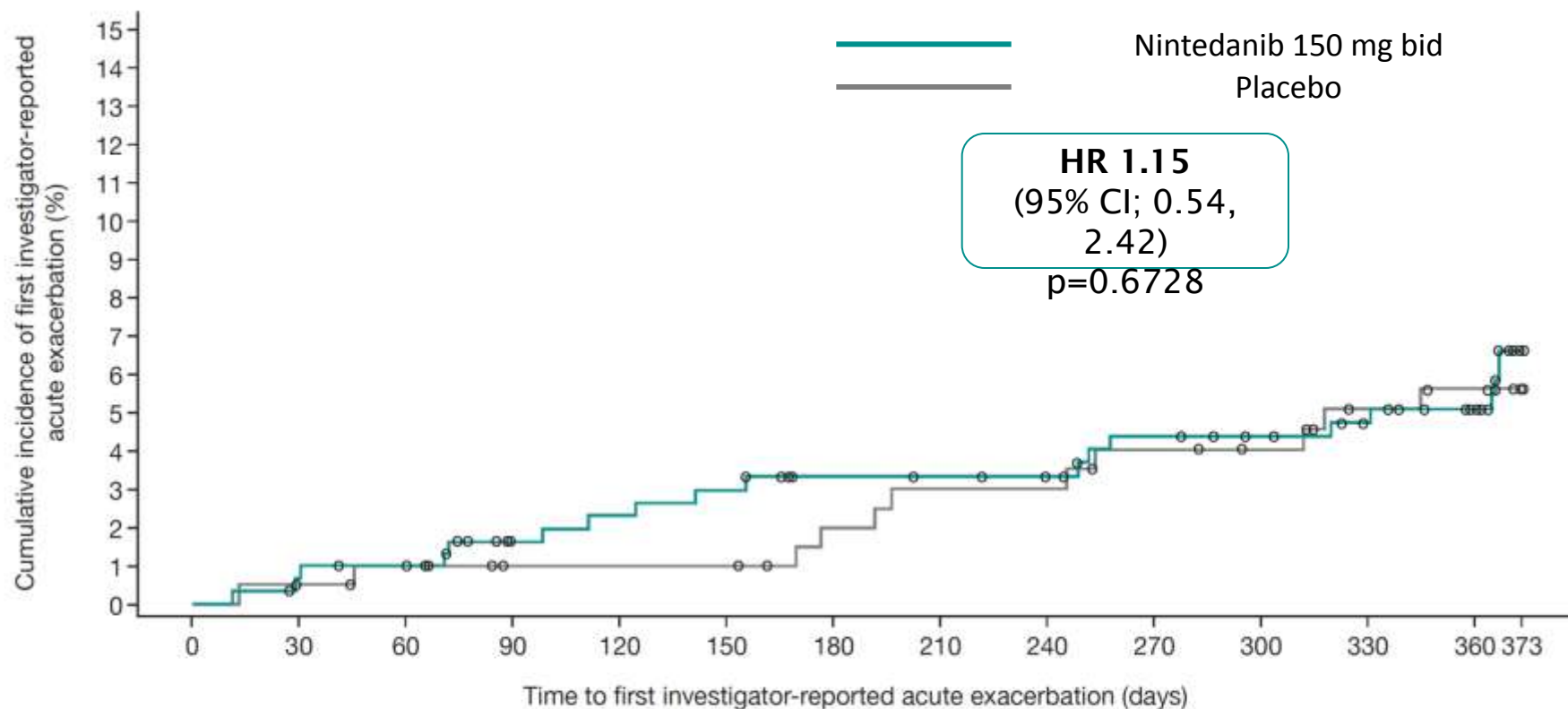
PRIMARY EFFICACY ENDPOINT IN IMPULSIS-2



PRIMARY EFFICACY ENDPOINT IN POOLED DATA



TIME TO FIRST ACUTE EXACERBATION (INVESTIGATOR-REPORTED) IN IMPULSIS-1

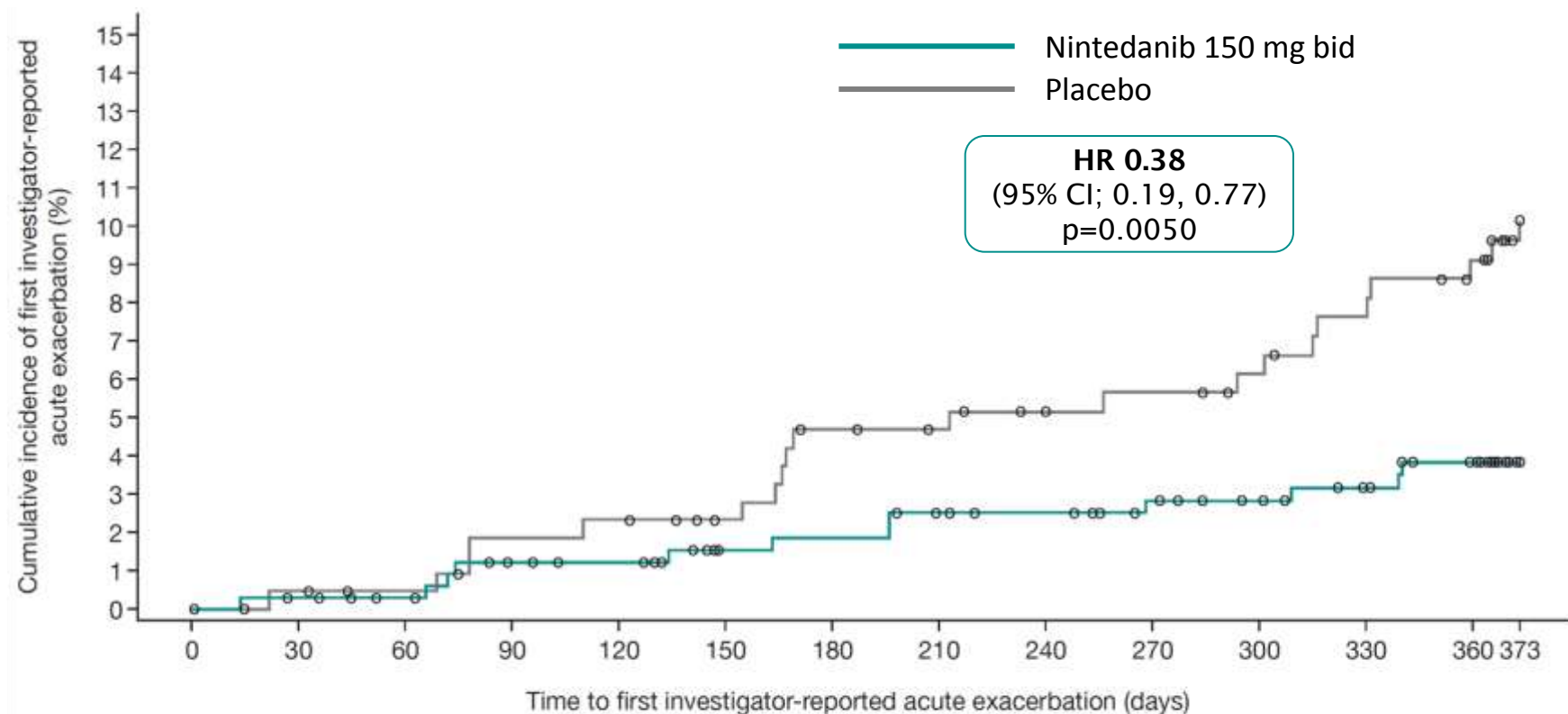


No. of patients

Nintedanib	309	306	304	292	290	288	283	282	280	275	271	267	258	233
Placebo	204	202	200	197	197	197	193	191	191	188	186	181	178	170

	Nintedanib 150 mg bid (n=309)	Placebo (n=204)
Patients with ≥ 1 acute exacerbation, n (%)	19 (6.1)	11 (5.4)

TIME TO FIRST ACUTE EXACERBATION (INVESTIGATOR-REPORTED) IN INPULSIS-2

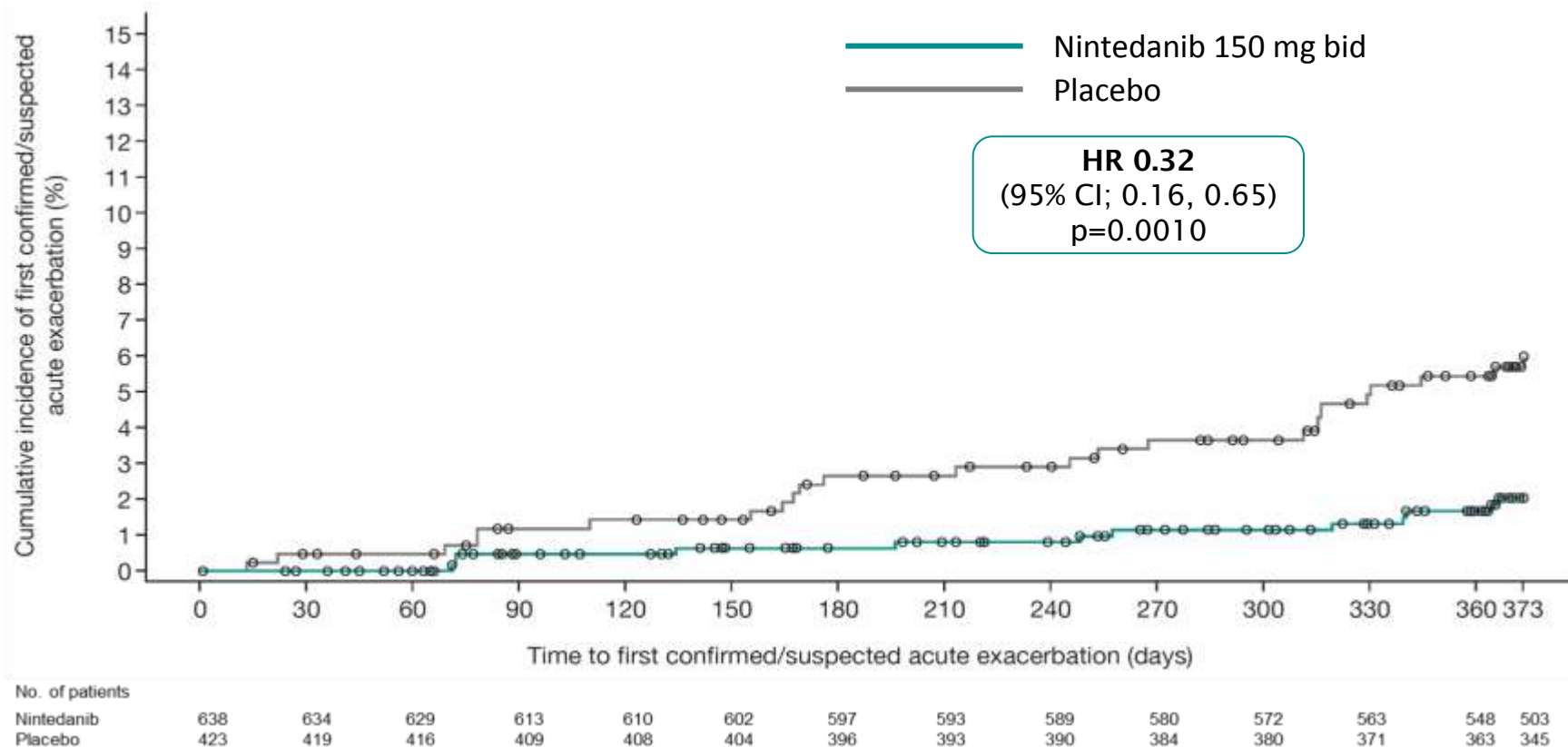


No. of patients

Nintedanib	329	326	323	317	315	307	306	302	300	295	291	286	279	259
Placebo	219	217	215	211	210	206	200	198	195	193	190	186	181	171

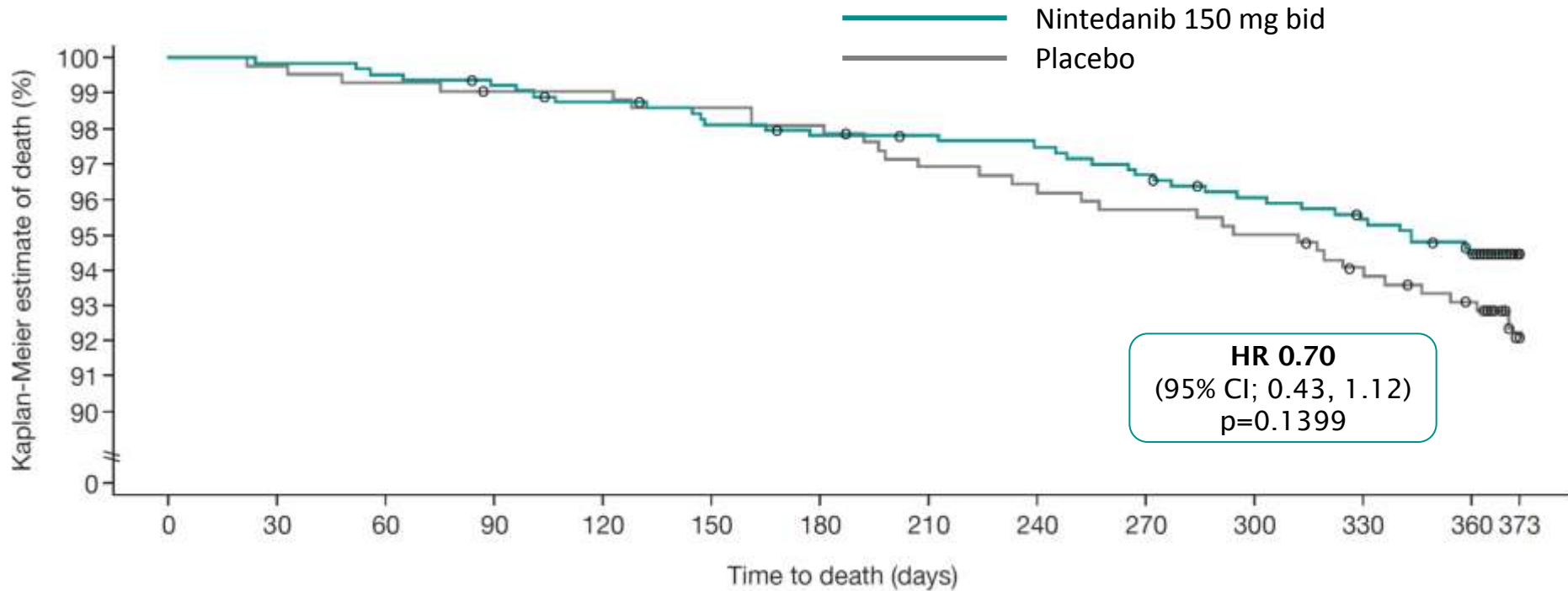
	Nintedanib 150 mg bid (n=329)	Placebo (n=219)
Patients with ≥ 1 acute exacerbation, n (%)	12 (3.6)	21 (9.6)

TIME TO FIRST CONFIRMED OR SUSPECTED ACUTE EXACERBATION PER ADJUDICATION (PRESPECIFIED SENSITIVITY ANALYSIS OF POOLED DATA)



	Nintedanib 150 mg bid (n=638)	Placebo (n=423)
Patients with ≥1 acute exacerbation, n (%)	12 (1.9)	24 (5.7)

ALL-CAUSE MORTALITY OVER 52 WEEKS (PRESPECIFIED ANALYSIS OF POOLED DATA)



No. of patients														
Nintedanib	638	637	635	632	628	623	620	619	617	612	606	601	591	532
Placebo	423	422	420	418	418	416	414	408	406	403	400	394	388	358

	Nintedanib 150 mg bid (n=638)	Placebo (n=423)
Patients who died, n (%)	35 (5.5)	33 (7.8)

MOST FREQUENT ADVERSE EVENTS*

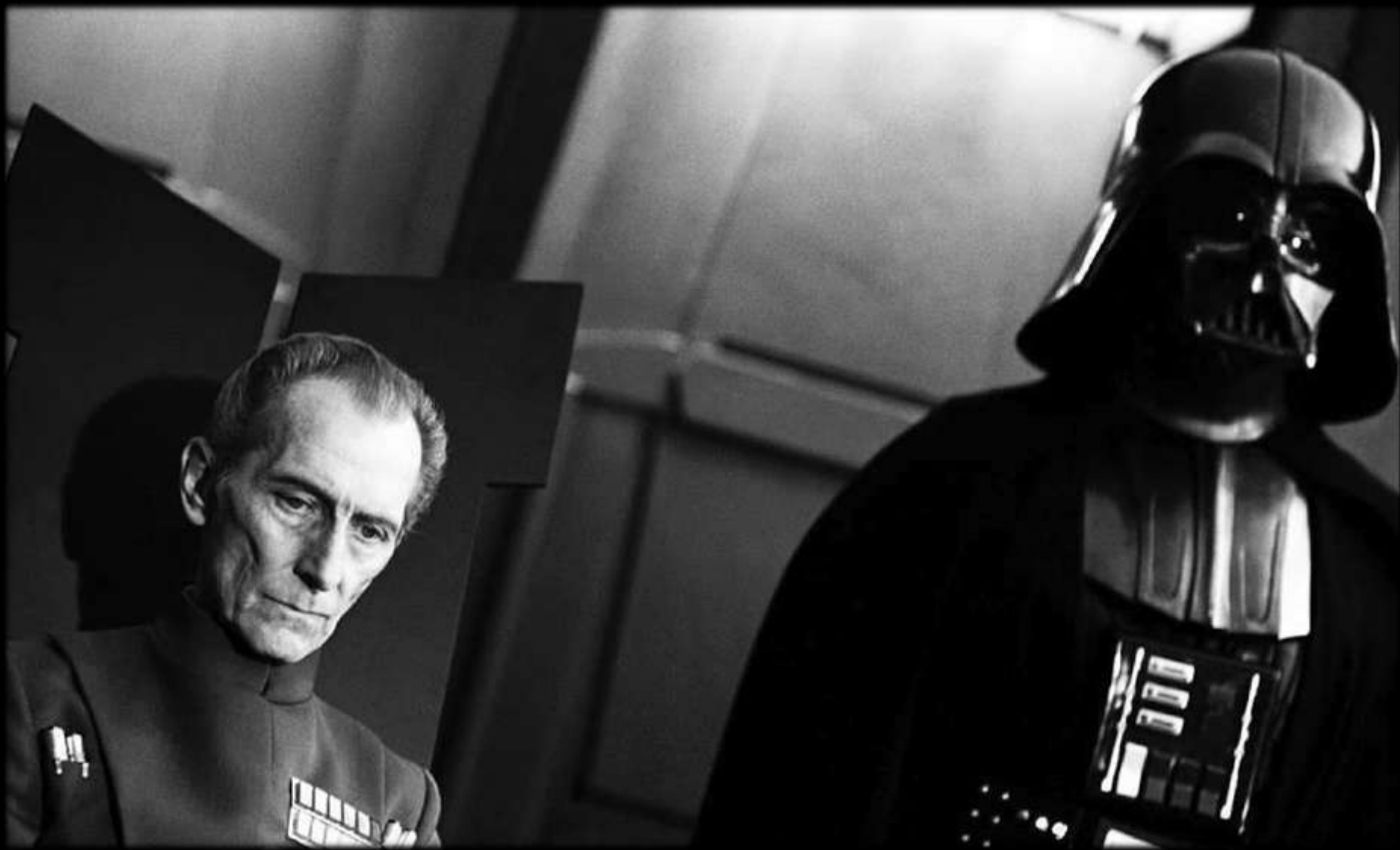
	IMPULSIS-1		IMPULSIS-2	
No of patients (%)	Nintedanib 150 mg bid (n=309)	Placebo (n=204)	Nintedanib 150 mg bid (n=329)	Placebo (n=219)
Diarrhea	190 (61.5)	38 (18.6)	208 (63.2)	40 (18.3)
Nausea	70 (22.7)	12 (5.9)	86 (26.1)	16 (7.3)
Nasopharyngitis	39 (12.6)	34 (16.7)	48 (14.6)	34 (15.5)
Cough	47 (15.2)	26 (12.7)	38 (11.6)	31 (14.2)
Progression of IPF [†]	31 (10.0)	21 (10.3)	33 (10.0)	40 (18.3)
Bronchitis	36 (11.7)	28 (13.7)	31 (9.4)	17 (7.8)
Upper respiratory tract infection	28 (9.1)	18 (8.8)	30 (9.1)	24 (11.0)
Dyspnea	22 (7.1)	23 (11.3)	27 (8.2)	25 (11.4)
Decreased appetite	26 (8.4)	14 (6.9)	42 (12.8)	10 (4.6)
Vomiting	40 (12.9)	4 (2.0)	34 (10.3)	7 (3.2)
Weight decreased	25 (8.1)	13 (6.4)	37 (11.2)	2 (0.9)

Based on adverse events with onset after first dose and up to 28 days after the last dose of trial medication

*Adverse events with an incidence of >10% in any treatment group. [†]Corresponds to the MedDRA term 'IPF', which included disease worsening and IPF exacerbations

DIARRHEA

	IMPULSIS-1		IMPULSIS-2	
No of patients (%)	Nintedanib 150 mg bid (n=309)	Placebo (n=204)	Nintedanib 150 mg bid (n=329)	Placebo (n=219)
Diarrhea serious adverse event(s)	1 (0.3)	0 (0.0)	1 (0.3)	1 (0.5)
Diarrhea adverse event(s) leading to premature treatment discontinuation	14 (4.5)	0 (0.0)	14 (4.3)	1 (0.5)
Intensity of most severe event, for patients with any diarrhea adverse event(s)				
Mild	103 (54.2)	29 (76.3)	123 (59.1)	31 (77.5)
Moderate	75 (39.5)	9 (23.7)	75 (36.1)	7 (17.5)
Severe	11 (5.8)	0 (0.0)	10 (4.8)	2 (5.0)



1977

EDITORIALS



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Gary M. Hunninghake, M.D., M.P.H.

“It is now clear that idiopathic pulmonary fibrosis is a disease perpetuated by aberrant wound healing, rather than primarily by chronic inflammation. With new understanding comes new hope. As in the 1977 episode of the Star Wars series, the force is finally with us. **May we learn to use it wisely.**”

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364 pages



STRATIFIED MEDICINE

- It is based on identifying **subgroups** of patients with distinct mechanisms of disease, or particular responses to treatments.
- This allows to identify and develop treatments that are **effective** for particular groups of patients.
- Ultimately stratified medicine will **ensure** that the right patient gets the right treatment at the right time.
- Stratified medicine has arrived to an **extent**:
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Toward Precision Medicine

Building a Knowledge Network for Biomedical Research
and a New Taxonomy of Disease

Committee on A Framework for Developing a
New Taxonomy of Disease

Board on Life Sciences

Division on Earth and Life Studies

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Luca Richeldi MD PhD

Professor of Respiratory Medicine
Chair of Interstitial Lung Disease
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